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Discover The Power Of Image

ADAPT Image Consulting has been created to encompass the great depth to create the right image.

Image has an undeniable impact on your successpersonally and professionally. As you serve as an ambassador for yourself, the appropriateness of your appearance – even on less productive days- is crucial.

How you groom and dress creates an immediate lasting impression on everyone you meet.

The curriculum of all the packages offered by us has been tested internationally and covers all the core competencies required to avance your Image.

Set the standards now with our "Image Management" Workshops and holistic packages. Through a series of fun, interactive exercises and discussions, we'll coach you on the "Power of Personal Appearance", whether suited for a boardroom presentation or comfortable on a casual Friday. From the importance of creating the right first impression and grooming, to the way clothing communicates, to the Indian and International Style Scale of Dressing, you will learn to create a polished image for any budget.

About Deepika Gambhir Arora

Being associated with the soft skills training industry for quite a while, Deepika was bitten by the Entrepreneurial bug in her early 20's and turned her passion for training into a flourishing business. Along the way, it's this passion to get to her dream career that led her to become an Image Consultant. Helping people craft the right impression, project a winning image and make it financially viable made her closer to her Goal.

She is a certified Image Consultant under the curriculum of Conselle Institute of Image management, USA.

She believes your image lives or dies, not in your mind, but in the minds of your prospects. If you recognize this fact, you are halfway there.

Thanks to Judith Rasband, one of the first master Image Consultants of the world and ICBI, She has embarked on her new journey to take her venture to a next level by providing workshops and one-on-one consultations to her clients with a holistic package of Clothing, Grooming, Body language, Etiquettes and Vocal communication and everything else they need to know about creating and maintaining their appropriate IMAGE.



We help our clients exercise greater control over the impressions they create and the perceptions they influence through the elements of image- dressing, grooming and body language including etiquette.

As an Image Management company, we fully understand the role of image in each and every person's personal, professional and social lives.

Our modules are designed with an ultimate aimto enhance your image and improve the quality of your life along with those around you.

Based on the TNA document, the program can be customized by putting together various modules in the time available.



A Snapshot of Our Offerings

Power of
Personal Appearance
Appropriate Body Language

Project the Communication of Clothes-Corporate right image International Style Scale

Etiquette through Art of Verbal and Vocal Communication
Transactional Analysis for Right Image

Managing Image through Effective Conflict Management



Better the Image-Better the Team. Team Building Dining Etiquette Project the Right Image through Image Management for SMART Time Management

Increased Sales Enhance your image through General Etiquette Better Presentation Skills
Basket Stress Management for Better Image

Image Management for Enhanced

Customer Delight



CRAFTING IMPRESSIONS INSIDE-OUT